

## **Penns Valley Charge U.M.C. Worship Service for Sunday, October 11, 2020**

Listen at 814-422-6238. Watch online at [www.PennsValleyParish.info](http://www.PennsValleyParish.info)

NEEDED: A Lay Member and an Alternate Lay Member to Annual Conference June 3-5, 2021 at Hershey Lodge. Costs covered by the charge. Lay Members to Annual Conference must be full, professing members of the church. Contact Pastor Theresa if you are interested.

Advent Bible Study: Nov. 23, 30, Dec. 7, 14 at 7pm Pastor Theresa will lead a study of "Incarnation" by Adam Hamilton online via Zoom. You may attend by phone or online! Get and read the book on your own. RSVP to Pastor Theresa and she'll provide you the details.

### CALL TO WORSHIP

L: When the Lord calls us to the banquet, we get puffed up with importance.

**P: Humility needs to be our attitude; humility and gratitude.**

L: Help us, O Lord, be grateful for the many ways in which you love us.

**P: Help us return that love by the way in which we care for others.**

L: Be with us, O Lord, this day.

**P: Open our hearts to hear your words of hope and encouragement. AMEN.**

### OPENING PRAYER

**Open our hearts and our spirits to hear your healing words of peace and love, O God. Help us be the people of service and justice that you have called us to be. Make us ready to heal rather than harm; to serve rather than sever. Give us hearts of joy and justice, for we offer this prayer in Jesus' Name. AMEN.**

### CHILDREN'S MESSAGE The Golden Calf

### BLESSING OF TITHES AND OFFERINGS – DOXOLOGY

### JOYS AND CONCERNS - PASTORAL PRAYER (The Lord's Prayer "trespass")

### SELECTED SCRIPTURE Exodus 32:1-14; Psalm 106:1-6, 19-23

### MESSAGE Building Faithfulness on the Way to the Promised Land

### HYMN: Sent Forth By God's Blessing

### COMMISSION & BLESSING

### PASTOR CONTACT INFORMATION

Pastor Theresa M. Heiser; [theiser@susumc.org](mailto:theiser@susumc.org); 814-883-9510; PO Box 211, Centre Hall 16828

## BIBLE STUDY: Think on These Things

Read Philippians 4:1-9

- Name one situation or circumstance that brings you worry. Write it down. (*This will be used again during the prayer time.*)
- Do you believe it is possible not to worry about anything (v. 6)? What is Paul's antidote or remedy for worry (v. 6b)? [*Prayer.*]
- Often, we worry about things outside our control. How can prayer be an answer to our excessive worry? When we worry, how are we trying to control things we can't control?
- Paul also encourages us to rejoice (v. 4). What's the difference between happiness and joy? (*Happiness often depends on the circumstances; joy is transcendent of our circumstances.*)
- Paul also advocates that we treat one another with gentleness (v. 5). How can that be a form of ministry and witnessing to our faith during this time when anxiety seems more pronounced? How does treating others with gentleness begin from a place of joy?
- What practices, habits, or routines can help us "think on these things" (v. 8)?

## CLOSING PRAYER

*Gracious God, we confess our proclivity to worry. Help us to be more aware when we begin to worry, so that we can turn those moments of anxiety into opportunities of prayer. Guide our thoughts that we might focus on your truth, your beauty, and your justice. Amen.*