Three Ways to Walk Through Change

1. Anchor Yourself in God's Unchanging Character

When everything around us shifts, it's easy to feel lost. But God's character is unchanging. Wesley reminds us that we are called to "trust in the wisdom of God," for He knows the end from the beginning. Take time daily to meditate on the truth that our creative God is sovereign, and He is faithful, even when the ground beneath your feet seems shaky.

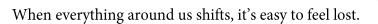**2. Lean into Prayer and Scripture**

Like Hannah, pour out your heart to God. Be honest with Him about your fears and frustrations. As Spurgeon said, "Prayer moves the arm that moves the world." Regular prayer and time in the Word anchor us in God's promises and provide the strength we need to endure through the storms of change.
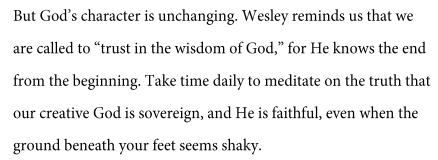
3. Stay Connected to Community

In times of upheaval, we often want to withdraw. But Hebrews encourages us to meet together and "spur one another on toward love and good deeds." Make a commitment to stay engaged with your church family, small groups, or friends in faith. We need each other to keep walking in endurance, showing up for each other, reminding one another that God is bringing forth something new.